# Be Exceptional!

THE EXCEPTIONAL FOUNDATION OF ATLANTA

# **MONTHLY NEWSLETTER - AUGUST 2021**

# YEAR FOUR IS GOING TO BE EXCEPTIONAL!



#### COME OUT FOR A GOOD TIME AND A GREAT CAUSE!

Wednesday, September 1st. Bingo begins at 7:00pm, but come early for some authentic southern dishes from our friend Chef Hank.

Cards \$5 each you can play all night and 50/50 Raffle - all proceeds benefit EFAtl. Bingo for a Cause at Slow Pour Brewery, Downtown Lawrenceville https://slowpourbrewing.com/



#### RING IN THE HOLIDAY SEASON WITH US!

Open to special needs families of all ages. Email <u>info@efatl.org</u> for more info. Look for Eventbrite reservations to open in October.



#### CELEBRATING OUR FOURTH EXCEPTIONAL YEAR

INTEREST INVENTORIES

Monthly interest inventories help staff determine what activities participants want to plan. Once schedules are finalized, participants enter activities and reminders on their personal devices or on a paper calendar. Not only is this a great way to make sure that participants are excited about what's to come, but they learn how to use helpful technology features, keep track of their own schedules, and are reminded when they need to wear special clothes or bring money for a special outing. Many thanks to 12Stone Church whose generous donation made our technology improvements possible!

















**COLLABORATIVE ART** 

ART APPRECIATION SERIES

### FUN LARGE GROUP ACTIVITIES







#### KAHOOT

#### SHARING SUMMER TRIP PHOTOS

#### WIN IT IN A MINUTE!

### **COFFEE CLUB IS BACK!**

So far we have enjoyed visits to Starbucks, Einstein Brothers, and Butter and Beans and Butter!



# COOKING CLUB

Participants enjoy working in teams to plan a dish, make a list and shop for ingredients, cook the dish, arrange an appetizing presentation, and present their dishes to our celebrity judges.







# GAME DAYS

Whether it's the Wacky Olympics in the gym at Church on Main, learning how to use their personal devices to match wits with each other online in Kahoot, or playing good old board games, our participants show their competitive spirit in everything they do.

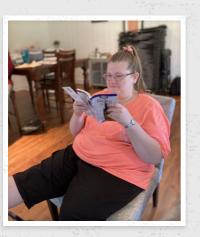






# BOOK CLUB

We kicked off our Exceptional Book Club this month. Thank you to Pat Satterfield from Dunamis who is allowing us to use materials she developed for adults with intellectual and developmental disabilities. And thank you to Regina Fallon and Angela Moore from Gwinnett Public Library's Five Forks Branch for joining us for our inaugural club meeting.







#### **GCPL PARTNERSHIP**

# **INTERACTIVE MOVIE SERIES**

We enjoyed our first interactive movie (thank you Shannon Conlin!) in our new series. Moana was kamaha'o! Participants came decked out in their best Hawaiian attire. We watched the movie, stopped it and had a Hawaiian snack, watched some more and had a luau relay, watched some more and FaceTimed with our friend, Tracy, who just happened to actually be IN Hawaii. Every few minutes brought a new themed activity and we loved it! And to top it all off, our new music therapy intern Kiele ... is Hawaiian!!! Aloha!



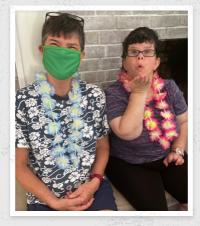




### WE LOVE OUR VOLUNTEERS!

Every one of our volunteers brings something special to EFAtl. We appreciate their dedication, their unique brand of fun, and their heart for our special community. And we know they enjoy their weekly visits with our participants.







#### COOKING WITH MS COLLETTE

#### GAMES WITH MS MEG

SHENANIGANS WITH MR CHARLES

# **EXCEPTIONAL FRIENDS**







# DONATING IS EASIER THAN EVER! JUST AIM YOUR PHONE CAMERA AT THIS OR CODE TO BE CONNECTED DIRECTLY TO OUR VENMO ACCOUNT.







# THE EXCEPTIONAL FOUNDATION OF ATLANTA

G Facebook

A day program for adults with intellectual disabilities that provides purposeful activities to increase social interactions, community involvement and healthier lifestyles.

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